

# TRANSCENDENCE



I have noticed that in nature almost everything is multiplied and fulfills numerous purposes. This same example of “bearing fruit” also applies to human beings. Growing and developing is part of our DNA.

There are a number of diverse factors that influence each person’s own internal process, such as our beliefs, abilities and circumstances, among others. However, to what extent do we allow these obstacles to bring our lives to a permanent standstill?

It is precisely this issue that brings to mind two real-life stories that have made a profound impression on me. The first has to do with Dr. Alfredo Quiñones Hinojosa, with whom I am acquainted. He was born into a family who had settled in the outskirts of Mexicali and at the age of 14, after a series of misfortunes, he worked in the cotton fields across the border to help support his family.

He continued working as a legal migrant in different farms and then as a welder, an occupation where he almost lost his life. He then became a mechanic and took on similar jobs to pay for his schooling. Finally he was accepted at Harvard, where he earned his degree as a surgeon and in the process, became a U.S. citizen.

At present, Dr. Q., as he is often called, is one of the most highly-regarded surgeons due to his reassuring bedside manner, his extensive research and his success in his surgical treatments and attitude toward his patients.





His example has been a source of great inspiration to me. However, at the same time, I also recall other true stories, perhaps not as well known, but equally relevant, such as that of Adriana's, my assistant.

She started working for me two years ago, and in May, 2016, was diagnosed with breast cancer that had already affected several of her ganglia. Although she was offered every opportunity to stay home and recover, nevertheless, even through the chemotherapy and post-surgery process, she chose to continue working whenever her health permitted. Besides the fact that she actually showed up at work, what was most astonishing was her attitude: filled with joy, gratitude and her passion for living.

There are additional facts about Adriana's life that make her a winner; not only in her battle against cancer, but also as a wife and mother, such as her unswerving faith in God. I am very grateful for her invaluable assistance and for her inspiring life story..

Once again referring to Dr. Q., during an interview with CNN, he declared that for him the American Dream was not to own a mansion but rather to use his work in order to help others.



**What are our dreams?**

**What motivates us?**

**What is our concept of transcendence and multiplying gifts?**